

Cosmetic Procedures

Ask Dr. Mikell

Dr. Oswald Mikell, MD • Dermatology Associates of the Lowcountry American Board of Dermatology | American Board of Cosmetic Surgery | Physician of the Year 2008

With the holiday's quickly approaching, it's a great time to consider what's available to help you look your best. Cosmetic dermatology can make your skin look more youthful. Your dermatologist can help you to determine which cosmetic procedures can safely and effectively diminish your signs of aging.

Q: I've heard a lot about Fraxel and seen it on The Today Show and Oprah. Can you tell me more about it?

A: Fraxel offers several benefits, among them are smoother, fresher, younger looking skin, improved tone and texture, reduced wrinkles around the eyes, improved appearance of acne scars, sun damage and surgical scars. Everyone's skin is different, but for most people, good results are realized in 3 treatments with Fraxel Re:store, and 1 treatment with Fraxel Re:pair. Fraxel Re:store and Fraxel Re:pair differ in the amount of downtime. You should consult your dermatologist for details and recommendations as to which procedure best suits you.

Q: What are the benefits of Botox?

A: Botox can erase years from the face or neck by reducing the appearance of lines and wrinkles – specifically targeting crow's feet, forehead lines, frown lines between the eyebrows and neck bands. The injections are quick, side effects are minimal, and the procedure does not generally require downtime - making it one of the most popular cosmetic procedures in the U.S.

Q: What is Radiesse and what are the results?

A: Radiesse is a dermal filler that immediately adds volume to safely contour, correct, and beautify facial features for a soft, natural look. You'll see results immediately after treatment. Most patients experience little to no downtime and return to normal activities almost immediately after treatment. RADIESSE dermal filler continues to deliver results over time as it stimulates your body to produce new collagen.

Q: What is microdermabrasion?

A: In a nutshell, microdermabrasion is a skin resurfacing treatment that rejuvenates and restores natural glow to the skin. The micro dermabrasion procedure is simple and painless however, it is for superficial skin imperfections only.

Q: Why should I choose a dermatologist over a spa for cosmetic treatments?

A: The number of cosmetic procedures performed in spas has risen dramatically in the past several years. Unfortunately, patients may be forgoing safety for convenience and price. The American Academy of Dermatology urges patients to select a board-certified physician for cosmetic procedures.

When considering cosmetic treatment, your dermatologist will evaluate your skin and together you can discuss the best option for you. Call Dermatology Associates of the Lowcountry and schedule a consult (843) 689-5259.